

THE PIG in the Cotswolds



ROOMS &
KITCHEN GARDEN FOOD

Fieldhouse Treatments & Wellbeing

Massages and facials from £125 for 60 minutes, or from £155 for 90 minutes



Luminance Brightening Facial

A luxurious treatment designed to even out the skin's complexion, tone and appearance for a radiant glow. An exfoliating massage delivers ultra-refined luminosity and provides intense hydration for a youthful look and feel. Packed with the brightening benefits and relaxing scent of Orange Blossom, you will leave refreshed and rejuvenated. Upgrade to a 90-minute treatment to start your facial with a deeply relaxing back, neck and shoulder massage, with or without hot stones.

Upper Body Unwind

This personalised massage targets your back, arms, face and scalp. Your treatment begins with a warm exfoliation of the back, followed by a soothing massage, and finishes with a facial where your skin is thoroughly cleansed and treated with a facial balm perfectly tailored to your needs. Upgrade to a 90-minute treatment and feel the stress melt away as your therapist delivers a soothing massage to promote deep restoration and muscle relief.

Hot Stone Massage

This deeply indulgent treatment combines the power of aromatherapy oils and volcanic hot stones to help melt away any tension you may be holding onto. Hot stones help to ease your stress and improve blood circulation, leaving you feeling rejuvenated and revitalised. With each stone movement being equivalent to 10 hand movements, you can trust that this massage will provide a truly luxurious and therapeutic experience for your body and mind. Upgrade to a 90-minute experience to include a divine facial massage with one of our specialist facial oils to complete your top-to-toe experience.

Classic Sculpt Prescriptive Facial

Perfectly tailored to meet your skin's unique needs. This treatment includes a facial massage designed to contour and sculpt, leaving your skin visibly plump and lifted. Your therapist works with traditional Gua Sha stones to refine and relax stressed-out skin, promoting a naturally radiant and hydrated healthy complexion. Upgrade to a 90-minute treatment to start your facial with a deeply relaxing back, neck and shoulder massage, with or without hot stones.

Bespoke Massage

Indulge in our bespoke full body massage, where we craft a personalised experience just for you. Our skilled therapists use a carefully blended selection of natural oils to help your body and mind really relax, and tailor the massage to make it truly unique and personal to your specific needs. Upgrade to a 90-minute experience to include a facial massage with one of our specialist facial oils for the ultimate head-to-toe experience.

Mum to Be

Melt away in this truly luxurious massage - it's the ultimate relaxation for mums to be. Your bump is treated to a gentle exfoliation, cleanse and a nourishing remedy balm designed to improve skin elasticity while you enjoy a soothing scalp massage.

*(Suitable for those in their second and third trimester.
This treatment is available for 60-minutes only)*

Hand & Foot Treatments

We use UK based 'GelBottle' polish to look after and nurture your nails whilst giving you beautiful colour all at the same time. Every product is 100% vegan and PETA-certified cruelty-free.

60 min Gel Manicure - £55

Your manicure starts with cuticle care and nail shaping before the nails are painted with very thin layers of gel overlay. After each coat, the nails are placed into an LED lamp to set within 30 seconds. Once completely dry, your treatment will finish with a gentle exfoliation and hand massage.

60 min Manicure - £45

This treatment includes exfoliation, cuticle work and a hand massage. Your nails will be beautifully shaped and polished with a nail varnish of your choice.

60 min Gel Pedicure - £65

Your pedicure starts with cuticle care and nail shaping before the nails are painted with very thin layers of gel overlay. After each coat, the nails are placed into an LED lamp to set within 30 seconds. Once completely dry, the feet will be scrubbed to remove any hard skin, and the treatment will finish with a foot massage.

60 min Pedicure - £55

This treatment includes hard skin removal, a nourishing and conditioning foot scrub, followed by cuticle care and a foot massage. Your nails will be beautifully shaped and polished with a nail varnish of your choice.

30 min Gel removal - £10

Your gel polish will be gently removed by your therapist before shaping your nails, giving the cuticles some love and finishing with a moisturising balm.

** Please ensure you book a gel removal service if you will be wearing gel at your appointment.*

** Pedicures are carried out in the treatment rooms.*



Wraps & Scrubs

Salt Glow Exfoliation & Massage

60 minutes - £95

Sink down into pure bliss with a deep, full body exfoliation and massage using Himalayan pink salt and natural white sea salts to refine and smooth your skin, leaving it feeling super soft and hydrated. After showering off the exfoliation, relax with a gentle massage that will envelope you in a haze of botanical fragrance that deeply nourishes and nurtures your skin. You'll emerge feeling rejuvenated and glowing from head to toe.

Muscle Recovery Wrap

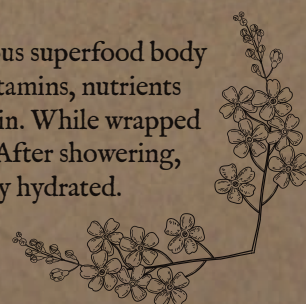
90 minutes - £135

Experience deep relaxation and relief with our customised body wrap treatment designed to improve sleep and reduce muscle pain. Harnessing the incredible power of magnesium and turmeric, this treatment targets specific areas of muscle and joint pain, boosting relaxation and soothing pain relief. An anti-inflammatory lavender mask will be applied to the body to calm your muscles, while your therapist gives you a relaxing foot massage that will leave you feeling fully rested and refreshed.

Digest & Detox Wrap

90 minutes - £135

Designed to revitalise your body and boost digestion, this treatment begins with a luxurious superfood body scrub to smooth and refine your skin's texture, followed by a body mask packed with vitamins, nutrients and antioxidants to reduce inflammation, stimulate collagen production and tone your skin. While wrapped in the mask, enjoy a reflexology-inspired foot massage to aid digestion and relaxation. After showering, your treatment will finish with a nourishing oil massage to leave skin feeling deeply hydrated.



Experiencing Fieldhouse

Fieldhouse is open to everyone – from 9am – 6pm daily, all you need to do is book your experience with our team.

Treatments

To book a treatment at Fieldhouse you can book online, call us on 01285 740000 or email us at info@thepiginthecotswolds.com

We will give you a short consultation form to fill in for your therapist when you arrive.

A light homemade treat and refreshing drink will be offered for you to enjoy after your treatment – on us!

If you would like to spend some down-time before or after your treatment at Fieldhouse, you can book 60 minutes in the spa for £30 per person.



Wellbeing

Spend time soaking in the surroundings with 60 minutes at Fieldhouse, including use of the sauna, steam room, outdoor heated hydrotherapy pool & garden terrace.

60 minutes at Fieldhouse - £30 per person
(Treatments not included)

To book please call our team on 01285 740000 or email us at info@thepiginthecotswolds.com

If you are staying at THE PIG-in the Cotswolds, use of Fieldhouse is included in your stay, but we suggest you call ahead to book the times that suit you most during visit – just call our team to book.

You will be given a locker to help keep your valuables, footwear, clothing and personal items safe while you enjoy the relaxing areas around our Fieldhouse. Inside your locker, you'll find a fresh robe and flip flops to use whilst with us. Swimwear must always be worn in the hydro pool, sauna & steam room.

This is your time to completely switch off – so please keep your phone on silent or tuck it away in your locker.

