

# Treatment Menu THE PIG-on the beach

All treatments are £115

## BESPOKE MASSAGE

We tailor this massage to make it truly unique and personal to you. Using blended natural oils, this treatment can help relieve any aches and pains and relax the body and mind. (Suitable for both men & women)

## HOT STONE MASSAGE

A deeply indulgent body massage, using aromatherapy oils and volcanic stones to help simply melt away any tension you may be holding on to. Helping to ease stress and improve blood circulation at the same time. It is said that one stone movement is equivalent to 10 hand movements.

## MUM TO BE

This treatment is tailored to suit the specific needs of a mum to be, this massage treatment provides a peaceful and uplifting experience for mother and bump that also relieves fatigue and aches at the same time. (Suitable for those in their second and third trimester of pregnancy)

## **UPPER BODY UNWIND**

A tailored and luxurious treatment that starts with a warm exfoliation of the back, followed by a soothing back, arm and hand massage. The treatment finishes with a facial oil specific to your skin. We use blended oils to feed your skin leaving you completely relaxed and nourished.

## RENEW & REVITALISE SCRUB

This refreshing and all-over exfoliation treatment awakens the skin and body using an uplifting mix of organic Fucas Serratus seaweed filled with nutrients from the ocean. We use a combination of a seaweed-based body exfoliator, to invigorate, exfoliate and nourish the skin. Afterwards, you will be finished off with an all-over deeply nourishing body cream applied into your skin using Hot stones. This treatment also includes a facial massage, using a skin-specific oil based on your specific skin type.

## ANTI-AGING RESTORATIVE FACIAL

This treatment is suitable for all skin types, but for those in search of anti-ageing results this restorative facial use VOYA'S finest organic ingredients combined with antioxidant algae complexes and a restorative blend of aromatherapy oils. It is this mix of seaweed and botanical ingredients that help to stimulate collagen production and reduce the appearance of fine lines and wrinkles. Resulting in instantly firmed and tightened skin with a natural and more radiant glow.

## RESURFACING RADIANCE FACIAL

This highly effective resurfacing facial targets congested, lacklustre and dull skin. Using a combination of seaweed extract naturally derived glycolic and lactic acids, blended with pineapple fruit enzymes, this facial will give your skin back its natural radiant glow.

#### Our Products

## VOYA

VOYA are focused on creating genuinely organic, seaweed-based products and results-driven spa treatments using the highest-quality botanical ingredients and aromatherapy oils, all using ancient traditions, methods, and sustainable processes.

Inspired by the breath-taking natural beauty and long-standing traditions of Ireland's northwest coast, three generations of the Walton family have scientifically harnessed the healing properties of seaweed and created VOYA, organic beauty products and treatments from the sea.

With sustainability at its heart, this revolutionary range of Soil Association certified organic products and treatments just shows how science can release nature's most powerful resources and still protect the earth.

All of VOYA's unique products blend wild hand-harvested seaweed with some of the finest elements from nature. Packed with minerals, vitamins and strong antioxidant properties, seaweed has proven to be hugely beneficial as a natural detoxifying and skin conditioning agent, quickly removing toxins whilst transferring nutrients.

(For anyone that has any fish-based allergies on the skin, we can use Bamford as an alternative product for you.)

## Bamford

Bamford was founded by Carole Bamford on the belief that we need to be mindful of our connection to the earth – to live consciously, respect nature's resources and the land that provides for us. Bamford uses award-winning organic and natural products specially created for use in the Bamford Wellness Spa at Daylesford.

These products cleanse, protect and rejuvenate the body with natural and organic ingredients accredited to the highest standards by the Soil Association. Their naturally luxurious products combine modern cosmetic science with natural essential oil blends and perform beautifully while balancing both mind and body. Bamford Body source all their own natural ingredients responsibly and make all their products in England. They are free from GMO, parabens, SLS and mineral oils. Each treatment, using holistic therapies, is specifically focused to relax, restore, or rejuvenate the body.

#### Keeping everyone safe

All appointments must be pre-booked in advance and we will not be accepting walk-ins. Our therapists have received additional training on health and safety protocol and will be provided with additional safety equipment to wear during all appointments. We have also increased turn-around time between guests to allow for thorough cleaning of the treatment rooms and personal safety equipment.

We ask that all guests please shower before arriving for their treatment and wear a mask and use a hand sanitiser before entering the treatment room. We will be taking temperature checks of guests and therapists before every treatment.

Please arrive at the Potting Sheds 10 minutes before your treatment time.