



## Treatment Menu

### THE PIG- at Harlyn Bay

Treatments are £115

#### **BESPOKE MASSAGE**

We tailor this massage to make it truly unique and personal to you. Using blended natural oils, this treatment can help relieve any aches and pains and totally relax the body and mind. *(Suitable for both men & women)*

#### **MUM TO BE**

This treatment is tailored to suit the specific needs of a mum to be, this massage treatment provides a peaceful and uplifting experience for mother and bump that also relieves fatigue and aches at the same time. *(Suitable for those in their second and third trimester of pregnancy)*

#### **HOT STONE MASSAGE**

A deeply indulgent body massage, using aromatherapy oils and volcanic stones to help simply melt away any tension you may be holding on too. Helping to ease stress and improve blood circulation at the same time. It is said that one stone movement is the equivalent to 10 hand movements.

#### **FULL BODY SUGAR SCRUB**

This refreshing and all-over exfoliation treatment awakens the skin and body using uplifting mix of organic peppermint leaf, seaweed and sugar to invigorate, exfoliate and nourish the skin. Afterwards you enjoy a light cleansing shower, finished off with all over deeply nourishing body cream.

#### **ORGANIC OCEAN ESSENCE TOTAL BODY WRAP**

Combining the detoxifying power of Fucus Serratus and the cellulite reducing abilities of Laminaria Digitata Seaweed, this treatment stimulates the blood and lymph flow, detoxifies and hydrates the skin and encourages the renewal of skin cells. This wrap is an excellent skin rejuvenator, combating the appearance of cellulite and fatigue, whilst producing a deeply moisturising effect.

#### **ORGANIC WARM SPICED MUD WRAP**

Seaweed, taken fresh from the ocean on Ireland's north coast, is combined with purifying elements of peat to produce a mud wrap rich in potent anti-oxidants and minerals infused with aromatic spices of ginger and orange to revive the senses, this wrap has immediate and noticeable effects on the skin, including firming and toning, it is also a serious detoxifier, metabolism stimulator and a natural anti-aging boost. This treatment is a must for the results-conscious guest.

#### **ANTI-AGING RESTORATIVE FACIAL**

This treatment is suitable for all skin types, but those in search of anti-aging results this restorative facial uses VOYA'S finest organic ingredients combined with antioxidant algae complexes and restorative blend of aromatherapy oils. It is this mix of seaweed and botanical ingredients that help to stimulate collagen production and reduce the appearance of fine lines and wrinkles. Resulting in instantly firmed and tightened skin with a natural and more radiant glow.

## **RESURFACING RADIANCE FACIAL**

This highly effective resurfacing facial targets congested, lacklustre and dull skin. Using a combination of seaweed extract naturally derived glycolic and lactic acids, blended with pineapple fruit enzymes, this facial will give your skin back its natural radiant glow.